

PIZZA-DILLAS

Easy Recipe

These Pizza-dillas with Cheesy Salsa Dip are a twist on pizza and quesadillas combined into one awesome dish that you can easily cook up yourself. This recipe has ideas for switching up the meat and sauce, too - the possibilities are endless!

PREP TIME:

5 minutes

COOKING TIME:

5 minutes

AMOUNT RECIPE MAKES:

4 pizza-dillas

SKILLS USED:

Measuring, grating, mixing/stirring, cooking on the stove

Nutrition Nuggets: Add a salad or veggie sticks to make this a balanced meal. Then you will have protein from the meat and cheese, whole grains from the tortilla, and vegetables!

Leftover Love: If you have leftover pizza-dilla toppings (like sauce, cheese, pepperoni, etc.), you can use them to make mini pizzas on English muffins or mix them up with cooked pasta for a fun pizza pasta dish!

Food for Thought: Quesadillas are a popular Mexican dish. The word "quesadilla" comes from the Spanish word "queso," which means cheese. Originally, quesadillas were made with just cheese and tortillas, but today there are many delicious variations like this pizza-dilla.

Submitted by BGC Battlefords



EQUIPMENT:

Pizza-dilla:

- Stove
- Frying pan
- Grater
- Measuring cups and spoons
- Spoon for spreading sauce
- Spatula

Cheesy Salsa Dip:

- Cheese grater
- Measuring cups and spoons
- Small bowl
- Spoon for mixing/stirring
- Microwave

INGREDIENTS:

Pizza-dilla:

- 4 large flour tortillas (7 - 8 inches in diameter)
- 1/2 cup pizza sauce
- 1 cup shredded mozzarella cheese
- 1 cup pepperoni slices
- Sour cream and salsa, for serving

Cheesy Salsa Dip:

- 1/2 cup salsa
- 1/2 cup sour cream
- 2 tablespoons shredded cheese

Variations:

Meat Variations: Substitute pepperoni with diced cooked chicken, cooked ham, salami, or shrimp.

Sauce Variations: Experiment with alfredo sauce, ranch dressing, or marinara sauce as alternatives to pizza sauce.

DIRECTIONS:

Pizza-dilla:

1. Heat up a frying pan to medium heat.
2. Take one tortilla and put pizza sauce on half of the tortilla, then shredded cheese and pepperoni.
3. Fold in half and place on the pan for 1 minute on each side.
4. Serve with sour cream and salsa, or the cheesy salsa dip.

Note: Instead of a pan, you can also use the oven or BBQ, top with a little shredded cheese and cook until melted.

Cheesy Salsa Dip:

1. Mix salsa, sour cream, and shredded cheese in a small, microwave-safe bowl.
2. Microwave for 30 seconds to 1 minute, until the cheese is melted.
3. Use for dipping the pizza-dilla!